Healthcare at home or on the go

Have LiveHealth Online video visits with care providers whenever you need them — at no extra cost

If you're not feeling well or have a health question, LiveHealth Online brings the doctor to you — virtually. Because you don't have to leave your home or office, you'll never have to worry about driving to the doctor's office or sitting in a waiting room. In some cases, no appointment is needed.

LiveHealth Online lets you have a video visit with a board-certified doctor, psychiatrist, or therapist on your smartphone, tablet, or computer with a camera — from anywhere.

Use LiveHealth Online for common health matters, such as:

- Cold and flu symptoms.
- Allergies.
- Sinus infections.
- Migraines.
- Upper respiratory infections.
- Bronchitis.

Doctors can answer questions and make a diagnosis. They may be able to send a prescription to your pharmacy, if needed.[1]

Use LiveHealth Online Psychology for help with:

- Anxiety.
- Depression.
- Grief.
- Panic attacks.

If you're over 18 years old, you can get medicine to help you manage a mental health condition.[2]

There is no extra cost for a video visit with a doctor, psychiatrist, or therapist through LiveHealth Online — it's included with your Kentucky Employees' Health Plan (KEHP).
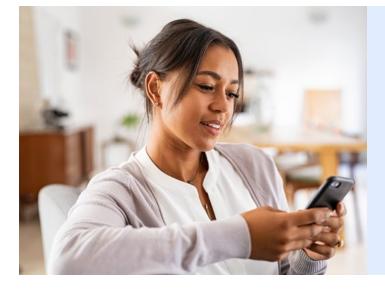
How fast can you have an appointment?

- See a board-certified medical doctor 24/7 with little to no waiting.[3]

- Visit a licensed therapist in four days or less.[3]

- Consult a board-certified psychiatrist within two weeks.[3]

Here's how to get started:

- Go to **livehealthonline.com** and log in or download the app, at no cost, and register. Select **LiveHealth Online Medical** and choose the doctor you'd like to see. Medical appointments are available 24/7.

- For **LiveHealth Online Psychology**, you can schedule an appointment online or call **855-603-7985** from 7 a.m. to 11 p.m. ET, seven days a week.

Sign up today and be one step ahead

Sign up for LiveHealth Online today so you're prepared for video visits in the future. Go to **livehealthonline.com** or download the app at no cost, and register on your phone or tablet.