



Andy Beshear
GOVERNOR

PERSONNEL CABINET

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Mary Elizabeth Bailey
SECRETARY

MEMORANDUM

PERSONNEL MEMO 25-03

To: Constitutional Officers
Cabinet Secretaries
Agency Heads
Human Resource (HR) Administrators

From: Mary Elizabeth Bailey, Secretary *MES*

Date: February 12, 2025

Re: **LivingWell Fairs**

The Personnel Cabinet has scheduled seven LivingWell Fairs, six in Frankfort and one in Louisville, as listed below.

Date/Time	Location
Wednesday, February 26, 2025 10:00 a.m. – 2:00 p.m.	Capitol Education Center 706 Capital Ave. Frankfort
Wednesday, March 12, 2025 10:00 a.m. – 2:00 p.m.	CHR Building 275 East Main Street, Frankfort
Wednesday, April 16, 2025 10:00 a.m. – 2:00 p.m.	300 Building 300 Sower Boulevard, Frankfort
Wednesday, May 14, 2025 10:00 a.m. – 2:00 p.m.	Admin. Office of the Courts 1001 Vandalay Dr., Frankfort
Wednesday, June 11, 2025 10:00 a.m. – 2:00 p.m.	State Office Building 501 High Street, Frankfort
Wednesday, July 16, 2025 10:00 a.m. – 2:00 p.m.	L&N Building 907 West Broadway, Louisville
Wednesday, August 13, 2025 10:00 a.m. – 2:00 p.m.	Mayo-Underwood Building 500 Mero Street, Frankfort

All fairs will feature free health screenings and provide helpful wellness information. Specific activities and available information may include: the Smoothie Bike, blood pressure check, body mass index (BMI), glucose testing/diabetes screening, financial wellness, LivingWell Program Information and more!

Executive Branch employees, upon request, should be given up to one (1) hour to attend one (1) LivingWell Fair, with supervisor approval.

Thank you.

