



Andy Beshear
GOVERNOR

PERSONNEL CABINET

501 High Street, 3rd Floor
Frankfort, Kentucky 40601
Phone: (502) 564-7430
Fax: (502) 564-7603

Mary Elizabeth Bailey
SECRETARY

MEMORANDUM

PERSONNEL MEMO 24-04

To: Constitutional Officers
Cabinet Secretaries
Agency Heads
Human Resource (HR) Administrators

From: Mary Elizabeth Bailey, Secretary *meb*

Date: March 19, 2024

Re: **LivingWell Fairs**

The Personnel Cabinet has scheduled four LivingWell Fairs, in Frankfort, as listed below.

Date/Time	Location
Wednesday, March 27, 2024 9:00 a.m. – 1:00 p.m.	State Office Building 501 High Street
Wednesday, April 10, 2024 10:00 a.m. – 2:00 p.m.	Transportation Building 200 Mero Street
Wednesday, June 26, 2024 10:00 a.m. – 2:00 p.m.	CHR Building 275 East Main Street
Wednesday, July 31, 2024 10:00 a.m. – 2:00 p.m.	300 Building 300 Sower Boulevard

All fairs will feature free health screenings and provide helpful wellness information. Specific activities and available information may include: the Smoothie Bike, blood pressure check, body mass index (BMI), glucose testing/diabetes screening, colon cancer screening, nutrition health, financial wellness, LivingWell Program Information and more!

Executive Branch employees, upon request, should be given up to one (1) hour to attend one (1) LivingWell Fair, with supervisor approval.

Thank you.