

**MINUTES OF MEETING
KENTUCKY GROUP HEALTH INSURANCE BOARD
KENTUCKY EMPLOYEES' HEALTH PLAN
MONTHLY MEETING March 25, 2025, AT 2:00 P.M.
PERSONNEL CABINET, 501 HIGH STREET, FRANKFORT, KENTUCKY 40601
IN-PERSON MEETING**

At the monthly meeting of the Kentucky Group Health Insurance Board held on March 25, 2025, the following members were present: Secretary Mary Elizabeth Bailey, Nancy Haggerty as proxy for Secretary & State Budget Director John Hicks, Tanya Bradshaw as proxy for Commissioner Robbie Fletcher, David Noel as proxy for Auditor of Public Accounts Allison Ball, Jessica Hiler as proxy for Brent McKim, Michael Wilson, Elizabeth Cunningham as proxy for Secretary Holly Johnson, Connie Pettyjohn as proxy for Jerry Powell, Tommy Loving, and Steve Gillespie. Staff members present were Deputy Secretary Robert Long, Commissioner Chris Chamness, Deputy Commissioner Brandon Adams, Jen Thompson, Will Adams, Donna Marcum, and Paula Chisholm. Also present were Carl Felix, David Hume, and Camille Burgess.

Secretary Bailey called the meeting to order at 2:02 p.m. Ms. Jen Thompson called roll.

Secretary Bailey asked for a motion to accept the February 25, 2025, board minutes as read and approved. The motion was made by Tommy Loving and seconded by Steve Gillespie. The motion passed unanimously.

Secretary Bailey introduced the agenda item *Kentucky Employees' Health Plan (KEHP) Update*. Commissioner Chamness updated the Board on the following items:

- Wellness Fairs – the wellness fairs continue to be well attended and result in positive feedback. The next wellness fair will be at the 300 Building on April 16th.
- OurHealthyKentuckyHome – The Department continues to support this important public health initiative with cobranded communications including a recent email to all about the importance of cancer screenings and preventive checkups.

- **Legislative Update** – The legislative session was relatively quiet, with no passed legislation resulting in any significant increases to cost for the plan.

Secretary Bailey introduced the agenda item *Legislative Update*. Will Adams, KEHP Plan attorney, gave an update on the 2025 legislative session. He reported that the legislature was now in the veto period and that none of the bills of concern affecting the health plan had been passed so far. Unfortunately, the clean-up bill filed at the request of the Department also appeared to be dead. The Department would continue to monitor the situation when the legislature reconvened for the concurrence days, but was hopeful it would escape the session spared from any unfavorable legislation.

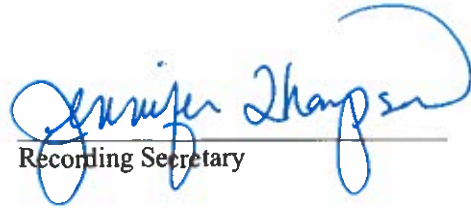
Secretary Bailey introduced the agenda item *Hinge Health Update*. Anna Brown, Client Executive for Hinge Health, presented the board with a 2024 business review including an overview of Hinge Health Programming, goals from 2024 and current 2025 goals, a KEHP engagement breakdown, outcome reporting, and member satisfaction. During 2024, members saw a 45% decrease in pain in the first 90 days, along with a 34% likelihood reduction of surgery. Along with pain reduction, members saw a reduction in anxiety and depression, that goes hand in hand with pain. The Enso device, a Hinge Health patented device, much like a tens unit, has been utilized by almost 4,000 KEHP members, providing additional pain relief and treatment. Multiple enhancements are coming to the Hinge Health app in 2025, including advanced member access, additional treatment plans, and custom exercise sessions.

Secretary Bailey introduced the agenda item *Old/New Business*. There being no further business, Secretary Bailey asked for a motion to adjourn the meeting. The motion was made by Tommy Loving and seconded by Steve Gillespie. The motion passed unanimously. The meeting was adjourned at 2:27 pm.

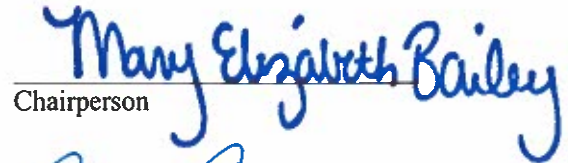
Copies of all documents presented are incorporated as part of the minutes of the Kentucky Group Health Insurance Board held March 25, 2025.

I do certify that I was present at this meeting, and I have recorded the above actions of the Board on the various items considered by it at this meeting. Further, I certify that all applicable requirements of KRS

61.805-61.850 were met in conjunction with this meeting.


Recording Secretary

We, the Chair of the Kentucky Group Health Insurance Board and Commissioner of the Kentucky Department of Employee Insurance, do certify that the Minutes of Meeting held on March 25, 2025, were approved on April 29, 2025.


Chairperson


Commissioner

I have reviewed the Minutes of the March 25, 2025, Kentucky Group Health Insurance Board Meeting for content, form, and legality.


Office of Legal Services

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