

**DEI MEMO 23-03**

**To:** ICs and HRGs

**From:** Department of Employee Insurance (DEI)

**Re:** Introducing *MyBENEFITS* through Castlight

**Date:** April 17, 2023

The below communication is being sent later today to all members with an email in KHRIS (minus waivers). Attached are two flyers that you can share with your employees and there will be a video posted on our website soon.

Introducing *MyBENEFITS*. Easily access your insurance benefits in one location through Castlight.

We are very excited to share Castlight with you – a new resource available to Kentucky Employees' Health Plan members.

Castlight puts all your health benefits resources into the palm of your hand so that you can:

- Understand your benefits, see your healthcare spend, and view recent claims
- Find quality, in-network providers near you
- Estimate how much care will cost, before you see a doctor
- Access your insurance card information from anywhere at anytime
- Get one-on-one support from a Castlight Care Guide

To get started, log in or register at [mycastlight.com/mybenefits](https://mycastlight.com/mybenefits) today and download the Castlight app for on-the-go access. Invite your spouse and any dependents age 18 or over to do the same!