



KENTUCKY EMPLOYEES' HEALTH PLAN
501 HIGH STREET, 2ND FLOOR
FRANKFORT, KENTUCKY 40601
WWW.KEHP.KY.GOV

HRG Memo 16-06

To: KEHP Human Resource Generalists

From: Department of Employee Insurance

Re: You are invited to the 2016 KEHP HumanaVitality Wellness Leaders Conference

Date: May 31, 2016

You are cordially invited to the 2016 KEHP HumanaVitality Wellness Leaders Conference event of your choice. Spend the day with the HumanaVitality Engagement team sharpening your HumanaVitality and worksite wellness skills.

New this year we are breaking the training into **two sessions**.

The first session: HumanaVitality Basics

A requirement for all of our new champs (but open to everyone who would like a program refresher course). This session will be (generally) from 9:30-11am and will cover the basics of Humana Vitality and being a wellness leader.

The second session: Advanced Worksite Wellness

Beginning around 11am and ending around 3:30 pm this session will provide tools to assist in building a true wellness culture at your worksite (building a wellness council, best practices, nutrition education, Health Department partnership opportunities, etc.).

Please choose the date and location to best fit your schedule and click on this link to register: [Register Here](#)

YOU HAVE PERMISSION TO FORWARD THIS INVITE TO COWORKERS WHO WOULD FIND THIS TRAINING VALUABLE.

We look forward to spending the day with you!

Event Dates

(Events will be approximately 9:30am-3:30pm local time each day. Lunch and snacks will be provided.)

Date	County	Location Name	Address
21-Jun	Boyd	KEDC	904 Rose Road, Ashland
22-Jun	Fayette	NorthEast Christian Church	990 Star Shoot Pkway , Lexington KY
23-Jun	Boone	Gateway Community and Technical College	500 Technology Way, Florence, KY 41042
13-Jul	McCracken	Emerging Tech Center	4810 Alben Barkley Dr., Paducah
19-Jul	Knox	SESC Cooperative	222 Corbin Center Dr, Corbin
20-Jul	Warren	Southcentral KCTC: Building F	1845 Loop Drive, Bowling Green
26-Jul	Johnson	Big Sandy: Building C	513 Third Street, Paintsville, KY
27-Jul	Frankfort	Personnel Cabinet	501 High Street, Frankfort
29-Jul	Jefferson	Foundation for a Health Kentucky	1640 Lyndon Farm Ct #100, Louisville

Notes: Dates and locations subject to change. Registration closes one week prior to event date. KEHP members who waive coverage are welcome, but without having access to HumanaVitality, we strongly suggest that you attend both sessions to better understand the basics of HumanaVitality in order to assist other members.