501 HIGH STREET, 2ND FLOOR FRANKFORT, KENTUCKY 40601

## **DEI MEMO 23-10**

To: ICs and HRGs

FROM: Department of Employee Insurance (DEI)

**RE:** New Wellness Partner for PY2024

**DATE:** August 25, 2023

We have an exciting new partnership with Castlight for wellness benefits, starting in January 2024. Members can still earn up to \$480 in premium discounts by completing the LivingWell Promise by July 1, 2024. After much discussion and many considerations, we will only require members to complete the <u>Castlight Health Assessment</u> to fulfill the LivingWell Promise in 2024. Biometric screenings will no longer be an option to satisfy the Promise.

Members can still earn up to \$200 and a covered spouse can earn up to \$100 in LivingWell engagement rewards for activities like getting an annual preventive medical exam, getting other preventive exams like a colonoscopy or a mammography, completing a dental screening, or participating in step challenges.

Download the Castlight app to register in seconds or visit mycastlight.com/mybenefits.