

Kentucky Employees' Health Plan (KEHP)

2025 Plan Perks

Dental and Vision Overview

May 2025



Anthem Medical
Voluntary Dental and Vision
844-402-5347
Anthem.com/kehps



Pharmacy
Caremark.com 866-601-6934
Weight Management Program 800-706-9317



Wellness app
Mycastlight.com/mybenefits
800-681-6758

Your Health
and Wellbeing
vendors



**Digital Alternative to
Physical Therapy**
Hingehealth.com/kehps
855-902-2777



FSA and HRA
Healthequity.com (when
prompted, select wameworks)
877-430-5519



Diabetes Prevention Program
Lark.com/anthem
844-402-5347



RethinkCare
Family Support
Connect.rethinkcare.com/sponsor/kehps
800-714-9285



Shop for better pricing
Smartshopper.com
855-869-2133



Department of
Employee Insurance



Dental Plan Overview

Three benefit plans available, with coverage for:



Preventive services, like checkups, cleanings, and X-rays, covered at 100% when you see a dentist in the plan's network.



Access to a large number of dentists in the plan.



An extra cleaning if you're pregnant, have diabetes, or another qualifying condition



Teledentistry, 24/7/365, using technology and telecommunications, without the need to go to a dentist's office.



Easy-to-use online tools, including Dental Health Assessment and Dental Cost Estimator.



A benefit for a brush biopsy that can help diagnose oral cancer.



Dental Resources

Online tools to help make the most of your plan

To help you maximize your benefits, we offer tools like:

- Ask a Hygienist: Email a licensed dental hygienist for personalized advice.
- Dental Health Assessment: Find out how to have and keep a healthy smile.
- Dental Cost Estimator: Estimate costs based on your zip code.
- Sydney Health mobile app: Search for a local dentist, check claims, and access your digital member ID card.



Third cleaning opportunity

Your dental plan offers extra benefits if you have certain medical conditions.

If you have an ongoing condition and take part in one of our care management programs, you get extra dental services like more cleanings or gum maintenance — at no extra cost!

You'll get 100% coverage of extra dental services with no out-of-pocket costs, and the extras won't count against your plan's annual coverage maximum.

If you have any of these conditions:

- Diabetes
- Pregnancy
- Stroke
- Organ and bone marrow transplant
- Cancer treated with chemotherapy
- End-state kidney disease

You'll get extra dental services for your health needs, such as:

- Cleanings
- Gum maintenance
- Fluoride
- Sealants
- Gum scaling and root planing (deep cleaning)
- Routine or problem-focused exams

All you have to do is call your dentist's office to set up your appointment!



Virtual care support

Your dental plan covers teledentistry the same as in-office care.

- **Connect with TeleDentists®** — dentists in the dental network who offer virtual consultations.
 - Meet with dentists through your tablet, smartphone, or computer with a camera.
 - Get urgent or emergency dental care when you don't have a primary care dentist or they're unavailable.
 - Get medications, if needed.





Dental Video



Blue View Vision

- **More doctors**
- **More options**
- **More freedom**
- **More savings**

Choose from one of the many independent eye doctors in your plan's network.

Schedule appointments when it's convenient for you, including evenings and weekends.

Order eyeglass frames or contact lenses in store or from an online retailer in your plan's network that will send your glasses or contacts to your door.

For children up to age 21, Transitions® lenses are included to protect their eyes from harmful UV rays and polycarbonate lenses at no extra cost.

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Blue View Resources

Other plan benefits and discounts

- 40% off extra pairs of glasses anytime, from any eye doctor or store in your plan's network.
- High-quality progressive lenses and anti-reflective coatings at different price levels, so you can control how much you spend.
- Negotiated savings on popular lens options and treatments.
- 20% off upgrades, accessories, and nonprescription sunglasses.
- 20% off the balance if you buy eyeglass frames that cost more than your benefit allowance.
- 15% off the balance if you buy conventional contact lenses that cost more than your allowance.

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TEAM
KENTUCKY®
PERSONNEL CABINET

Department of
Employee Insurance



Vision Video

KEHP Concierge Customer Service

Anthem Customer Service / Health Guides

844-402-KEHP (5347)

Live Chat is available through the Anthem Member Portal

Monday - Friday, 8:00 a.m. to 8:00 p.m.

www.anthem.com/kehpc or www.anthem.com