



Department of
Employee Insurance

You have access to virtual dental care anytime, anywhere

It's more convenient than ever to make sure your teeth and gums are healthy — and it's covered by your dental plan

Your Anthem plan gives you access to dental care from the comfort of home — or wherever you may be. You can talk to a dentist online, 24/7, through a virtual visit with The TeleDentists®. You can also choose virtual services for teeth straightening through Anthem's Ortho@Home program.

The TeleDentists virtual visits

Anthem has partnered with The TeleDentists to offer you virtual visits with board-licensed dentists. You can talk to a dentist online, anytime, by mobile app, phone, or the web.

You can receive a dental exam, a second opinion, an orthodontic treatment, or an emergency consultation for dental pain. A virtual visit can help you avoid the need to go to an urgent care center or emergency room.

Remember, if you have a dental emergency, you should contact your primary care dentist first. If you don't have a primary dentist or cannot reach yours, a virtual visit with The TeleDentists is a convenient option.

Your plan covers virtual visits the same as dental care that's provided in a dental office. Your deductible and coinsurance are the same for virtual and in-office care. You can save by choosing dental care professionals in your plan's network, including The TeleDentists.

How to begin a virtual visit

- Log in to your account at **anthem.com** or through our SydneySM Health mobile app. If you don't have an account yet, you will need to create one.
- On the main page, select **Find Care**, and then look for a dental professional and select the link for The TeleDentists.
- That will take you to the website for The TeleDentists, where you'll be in a virtual waiting room while you answer questions about your health history, just like you would at a dentist's office.
- Then, you will be connected with a licensed dentist for a virtual visit in as little as five minutes. The dentist will assess your needs and recommend follow-up treatment, if needed.

If you have questions about your dental benefits, call 844-402-KEHP (5347) to talk with an Anthem representative. We're here to help, Monday through Friday, 8 a.m. to 8 p.m. ET.



At-home teeth straightening

If you want or need mild-to-moderate teeth straightening, we have made it more convenient and affordable for you to use dental aligners from the convenience of your home. Through our Ortho@Home program, you can receive discounts from brands such as Candid™, Byte®, and SmileDirectClub.¹ This gives you access to at-home clear aligner therapy as well as retainers and teeth whitening when treatment is finished. When you choose one of these brands, you'll save \$150 to \$200 off retail pricing for at-home orthodontics.

Ortho@Home is convenient, too, since you can do everything at home — there's no need for monthly follow-up visits to an orthodontist's office.

Here is how it works:

1. To find a participating dental care professional, visit **anthem.com** or use our Sydney Health mobile app.
2. On the main page, select **Find Care**, and then look for a dental professional by entering your ZIP code and selecting **Search**.
3. Choose an orthodontic professional to be taken to their website for more information.
4. You have two options for creating impressions of your teeth. You can order an at-home impression kit from a retailer in your plan's network (\$0 with rebate) or visit a retail location in your plan's network for a digital scan.
5. A dental professional or orthodontist will decide on the most appropriate care and create a treatment plan for you.
6. When treatment is complete, you will receive your first retainer at no extra cost to help keep your smile in place.²

Your out-of-pocket cost depends on your orthodontic plan. You can save money by choosing a dental care professional in your plan's network.³

When you need dental care, you can rest assured that we will help make it easier for you anytime, anywhere.

¹ Ortho@Home is available to eligible Anthem members with orthodontic coverage. Coverage is included on plans with the Prime and Complete and Dental Blue 100/200/300 PPO networks.

² Except with SmileDirectClub, which charges a small fee.

³ Out-of-pocket cost estimate based on Anthem plan design for employee-only coverage with a 50% orthodontic benefit. This is only an example. Actual costs will vary based on the individual member's plan design. Standard orthodontic coinsurance and maximums apply.

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