LivingWell CDHP: Kentucky Employees' Health Plan:

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016 - 12/31/2016

Coverage for: Single - Family | Plan Type: CDHP



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.anthem.com/kehp or by calling 1-844-402-KEHP (5347), and at www.caremark.com or by calling 1-866-601-6934.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$1,250 Single/\$2,500 Family for Participating Providers. \$2,500 Single/\$5,000 Family for Non-Participating Providers. Participating Preventive care is not subject to the deductible. Plan includes an embedded HRA of \$500 single/\$1,000 family which can be used to reduce the deductible. Participating Provider and Non-Participating Provider deductibles are separate and do not count towards each other.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	There are no other specific deductibles.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. \$2,500 Single/ \$5,000 Family for Participating Providers. \$5,000 Single/ \$10,000 Family for Non-Participating Providers. Participating Provider and Non-Participating Provider out-of-pocket are separate and do not count towards each other.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .

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Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. See medical providers at www.anthem.com/kehp or call 1-844-402-KEHP (5347); and see pharmacy providers at www.caremark.com or call 1-866-601-6934 for a list of participating pharmacy providers.	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 7. See your policy or plan document for additional information about excluded services .



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	15% after deductible	40% after deductible	none
If you visit a health	Specialist visit	15% after deductible	40% after deductible	none
care <u>provider's</u> office or clinic	Other practitioner office visit	Chiropractor 15% after deductible	Chiropractor 40% after deductible	Chiropractor coverage is limited to 26 visits per year and no more than 1 visit per day.
	Preventive care/screening/immunization	no charge	40% after deductible	none
	Diagnostic test (x-ray, blood work)	15% after deductible	40% after deductible	none
If you have a test	Imaging (CT/PET scans, MRIs)	15% after deductible	40% after deductible	none
If you need drugs to treat your illness or condition	Generic Drugs	15% after deductible 30-day and 90-day supply; retail and mail - order	40% after deductible 30-day supply ONLY. 90 day supply not covered.	90 day supply for maintenance drugs at participating retail pharmacies and mail order, and only covered if in-network participating provider.
More information about prescription drug coverage is available at	Preferred Brand Name Formulary Drugs	15% after deductible 30-day and 90-day supply; retail and mail- order	40% after deductible 30-day supply ONLY. 90 day supply not covered	90 day supply for maintenance drugs at participating retail pharmacies and mail order, and only covered if in-network participating provider.
WWW.CAREMARK. COM 1-866-601-6934.	Non-Preferred Brand Name Non-Formulary Drugs	15% after deductible 30-day and 90-day supply; retail and mail- order	40% after deductible 30-day supply ONLY. 90 day supply not covered.	90 day supply for maintenance drugs at participating retail pharmacies and mail order, and only covered if in-network participating provider.

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Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Specialty Drugs	Same as No	on-Specialty	No coverage for specialty drugs when at the Emergency Room for non- emergency services.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	15% after deductible	40% after deductible	none
outpatient surgery	Physician/surgeon fees	15% after deductible	40% after deductible	none
If we are d	Emergency room services	15% after (deductible	Non-emergency services are Not Covered.
If you need immediate medical attention	Emergency medical transportation	15% after deductible		none
attention	Urgent care	15% after deductible		none
If you have a	Facility fee (e.g., hospital room)	15% after deductible	40% after deductible	none
hospital stay	Physician/surgeon fee	15% after deductible	40% after deductible	none

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services	15% after deductible	40% after deductible	Half-way House Services are not covered. Autism Respite Services limited to \$4,500 Annually.
If you have mental	Mental/Behavioral health inpatient services	15% after deductible	40% after deductible	Half-way house services are Not Covered. Autism Respite Services limited to \$4,500 Annually.
health, behavioral health, or substance abuse needs	Substance use disorder outpatient services	15% after deductible	40% after deductible	Half-way house services are Not Covered. Autism Respite Services limited to \$4,500 Annually.
	Substance use disorder inpatient services	15% after deductible	40% after deductible	Half-way house services are Not Covered. Autism Respite Services limited to \$4,500 Annually.
	Prenatal and postnatal care	15% after deductible	40% after deductible	none
If you are pregnant	Delivery and all inpatient services	15% after deductible	40% after deductible	Applies to inpatient facility. Other cost shares may apply depending on the services provided.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Home health care	15% after deductible	40% after deductible	Coverage is limited to 60 visits per year. Failure to obtain pre-authorization may result in non-coverage.
If you need help	Rehabilitation services	15% after deductible	40% after deductible	Coverage is limited to 30 visits per year for each Physical, Occupational, Speech, Cardiac and Cognitive Therapy. Failure to obtain pre-authorization may result in non-coverage.
recovering or have other special health	Habilitation services	15% after deductible	40% after deductible	Habilitation visits count towards your Rehabilitation limit.
needs	Skilled nursing care	15% after deductible	40% after deductible	Coverage is limited to 30 visits per year. Failure to obtain pre-authorization may result in non-coverage.
	Durable medical equipment	15% after deductible	15% after deductible	Failure to obtain pre-authorization may result in non-coverage.
	Hospice service	15% after deductible	40% after deductible	Failure to obtain pre-authorization may result in non-coverage.
TC1-11-1 1	Eye exam	Not Covered	Not Covered	none
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	none
delital of tyt calt	Dental check-up	Not Covered	Not Covered	none

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult and child)
- Infertility treatment

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine eye care (Adult and child, excludes vision screenings)
- Routine foot care (Unless you have been diagnosed with diabetes. Consult your Summary Plan Description.)
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric surgery (Requires pre-auth)
- Chiropractic Care

- Cosmetic Surgery (Requires prior authorization, Services will only be considered if due to a bodily injury or illness and functional impairment is present.)
- Hearing aids (Coverage is limited to \$1400 every 36 months, 1 per ear every 3 years through the age of 17.)
- Most Emergency coverage provided outside the United States. See www.bcbs.com/bluecardworldwide

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-844-402-KEHP (5347). You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

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Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact:

Anthem BlueCross BlueShield

ATTN: Appeals P.O. Box 105568

Atlanta, GA 30348-5568

CVS/caremark

Appeals Department

MC109

P.O. Box 52084

Phoenix, AZ 85072-2084 Fax Number: 1-866-443-1172

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does provide</u> minimum essential coverage**.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This** health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

Language Access Services:

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si va está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoołwoł íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'ałníhí ya sidáhí bich'į naabídííłkiid. Eí doo biigha daago ni ba'nija'go ho'aałagíí bich'į hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'į hodiilní.

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

* This is a health account based medical plan. This means you have a health account that you can use to help pay for eligible medical expenses such as certain deductibles and coinsurance.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different

See the next page for important information about these examples.

Having a baby

(normal delivery)

■ Amount owed to providers: \$7,540

Plan pays: \$5,240*Patient pays: \$2,300*

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$1,250
Copays	\$0
Coinsurance	\$900
Limits or exclusions	\$150
Total	\$2,300

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

■ Amount owed to providers: \$5,400

Plan pays: \$3,470*Patient pays: \$1,930*

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$1,250
Copays	\$0
Coinsurance	\$600
Limits or exclusions	\$80
Total	\$1,930

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending accounts (FSAs) or health reimbursement arrangements (HRAs) that help you pay out-of-pocket expenses.

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