



2009 COBRA Rates

	Single	Parent Plus	Couple	Family
Commonwealth Standard PPO	\$455.16	\$703.80	\$1,065.37	\$1,185.40
Commonwealth Maximum Choice	\$538.48	\$800.15	\$1,112.43	\$1,267.78
Commonwealth Capital Choice	\$555.98	\$842.91	\$1,274.73	\$1,411.19
Commonwealth Optimum PPO	\$577.52	\$837.89	\$1,290.40	\$1,435.47
HRA	\$169.58			

2009 COBRA Calendar

Qualifying Event Date	18 Months	36 Months
12/08	06/30/2010	12/31/2011
01/09	07/31/2010	01/31/2012
02/09	08/31/2010	02/28/2012
03/09	09/30/2010	03/31/2012
04/09	10/31/2010	04/30/2012
05/09	11/30/2010	05/31/2012
06/09	12/31/2010	06/30/2012
07/09	01/31/2011	07/31/2012
08/09	02/28/2011	08/31/2012
09/09	03/31/2011	09/30/2012
10/09	04/30/2011	10/31/2012
11/09	05/31/2011	11/30/2012
12/09	06/30/2011	12/31/2012