

May 2020



# **Featured News**



# Kentucky COVID-19 Updates

News about the coronavirus is constantly changing. It is increasingly important to rely on a trusted source of COVID-19 related news, resources and prevention tips.

For the most accurate and up-to-date info, visit kycovid19.ky.gov.

<u>Click here to access State Employee COVID-19 FAQ</u>

### COVID-19 Hotline (800) 722-5725



During Mental Health Awareness Month, we want to remind state employees about the FREE mental health resources available. This is also a time when we stand in solidarity with organizations across the U.S. fighting the stigma of mental health.

The Kentucky Employee Assistance Program (KEAP) provides confidential services to address stress, anxiety, depression and other work or personal related mental well-being issues from assessment to referral. <u>Click here to learn more.</u>

The Department of Employee Insurance has created a directory of telehealth resources available to all KEHP members giving employers one-on-one access to counselors and psychiatrists. <u>Click here to learn more.</u>



# M y P u r p o s e Get Started Today!

- Access over 2,000 training courses and webinars.
- Connect with team members.
- Apply for career opportunities.



#### Download the app!

- Quick access to benefits, careers, pay and other employment resources.
- Receive instant notifications during emergency situations.
- Stay in the know with the latest employee news.



### Public Service Recognition Week, May 3-9

Since 1985, the first week of May has been designated as a time to honor the men and women who serve our nation as federal, state, county and local government employees.

When we consider our current challenges in the fight against coronavirus, the importance of public service is quite clear. In Kentucky, agencies have been encouraged to explore "virtual" ways to recognize public service workers, while practicing social distancing. Here are a few ways we are recognizing state employees:

- During Public Service Recognition Week, Gov. Beshear and Personnel Cabinet Secretary Whethers are among those honoring our public service professionals for their hard to work serve fellow Kentuckians, especially during these unprecedented times. <u>Click here to see video from Gov.</u> <u>Beshear.</u>
- Public Service Recognition Week (PSRW) is also a time when students across Kentucky are invited to submit poster art honoring public service workers. This year's theme is "Making a Difference." <u>Click here to view 2020 submissions.</u>
- The Personnel Cabinet interviewed the longest serving Executive branch employee of 58 years, Mr. David Whitehouse from the Dept. of Revenue. <u>Click here to read</u> <u>the Q&A</u> where he shares his beginnings in state government, proudest moments and words of wisdom.
- <u>Click here to access the PSRW Toolkit</u> for digital resources and ways to celebrate while social distancing.

Click here to learn more about Public Service Recognition Week

## **KEAP Webinars**

**May Events Calendar** 

- May 7 Self-Care
  During COVID-19
- May 12 Mental Health Issues in the Workplace
- <u>May 27 Anxiety</u>
  <u>Awareness</u>



Award Digital Badges for Recognition and Provide Feedback in MyPURPOSE!

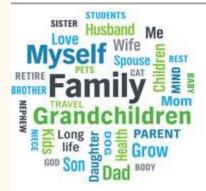
Congratulations

Within MyPURPOSE, everyone

has the ability to award a badge and provide feedback: peer-to-peer, manager-to-employee, or employee-to-manager.

Employees also receive recognition upon completing courses in CommonwealthU. Badges and feedback increase employee morale and are useful during the employee evaluation process when the supervisor is documenting employee performance.

> Click here to check out "What is MyPURPOSE?" Follow instructions under MyPROFILE.



#### Reminder: Complete Your LivingWell Promise by July 1

Your LivingWell Promise needs to be completed by July 1, 2020 to save up to \$480 in premium discounts for calendar year 2021.

- Take the written health assessment at KEHPlivingwell.com OR
- Get a biometric screening from your doctor, lab, or retail clinic when it's safe for face-to-face visits.



#### A Nurse is Just A Call Away

Did you know that if you have an emergency or questions for a nurse, you can call around the clock 24/7?

The 24/7 Nurseline provides accurate health information anytime of the day or night!

A staff of experienced nurses are available to address common healthcare concerns and assess your medical condition to ensure you receive the right care in the right setting.

Call (877) 636-3720



## NEW: Top Recommended Online Courses in MyPurpose

In lieu of in-person workshops, the Office of Diversity, Equality, and Training (ODET) has compiled a directory of recommended online professional development opportunities available to all employees and

supervisors.

Click here to view "55 Recommended CyberU Courses"

Click here to log in to MyPURPOSE and register today!

## <u>About</u>

The Personnel Cabinet provides leadership and guidance to: attract, develop, motivate and retain a talented, diverse workforce; foster an understanding of and adherence to regulatory requirements; and create a positive, supportive work environment that values all employees.

The Personnel Cabinet is located at 501 High Street, Frankfort, KY 40601 Normal business hours are from 8 a.m. to 4:30 p.m.

#### **EEO Statement**

The Commonwealth of Kentucky does not discriminate on the basis of race, color, religion, sex, national origin, sexual orientation or gender identity, ancestry, age, disability, political affiliation, genetic information, or veteran status in accordance with state and federal laws.

#### **CONTACT US**





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