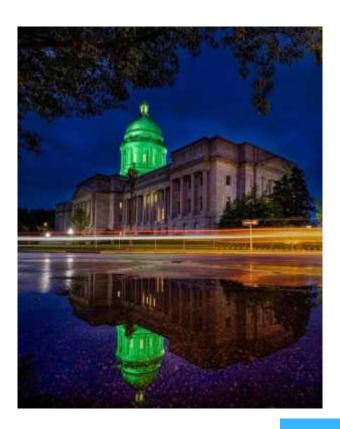


August 2020



Featured News



Kentucky COVID-19 Updates

State employees have recently been advised to avoid traveling to states reporting high numbers of COVID-19. An advisory from the Kentucky Department for Public Health (DPH) recommends a 14-

day self-quarantine for travelers who went to any of the states listed on kycovid19.ky.gov.

Testing is being provided for state employees and contractors through a partnership with First Care Clinics. Employees and contractors can receive COVID-19 testing at any of the 13 First Care Clinics' testing sites throughout the state or the drive-thru testing site located at the Sower Building in Frankfort.

The remaining testing dates below have been adjusted to 3-day sessions. With supervisor prior-approval, all Executive Branch state employees will be given up to two (2) hours, with reasonable drivetime, to register for and complete their test at any of the locations:

Testing Dates For State Employees and Contractors

August 4-6 September 1-3 October 20-22 November 17-19 December 15-17

Prevent the spread of coronavirus and save lives by practicing safe social distancing and wearing a mask in public settings.

COVID-19 Hotline (800) 722-5725



Give Back, Improve Lives...Strengthen Kentucky!

The 2020 Kentucky Employees Charitable Campaign (KECC) starts August 19! Now more than ever, Kentuckians need our help.



MyPurpose Get Started Today!

- Access over 2,000 training courses and webinars.
- Connect with team members.
- Apply for career opportunities.



Download the app!

- Quick access to benefits, careers, pay and other employment resources
- Receive instant notifications during emergency situations.
- Stay in the know with the latest employee news

The KECC is committed to improve lives and strengthen Kentucky communities by investing in **Basic Needs**, **Family Stability**, **Education**, and **Health** for every Kentuckian. Every Kentuckian needs these core foundations to succeed.

The KECC is an easy way for you to be a part of the solution. Whether you give by payroll deduction to one of the four Impact Areas or to the charity of your choice - give to your cause through the campaign. Give Basic Needs, Family Stability, Education, and Health to promote individual and family success. Give during KECC to ensure your donation is doing the most good for the most Kentuckians all year long.

Visit www.kecc.org for details and KECC's Facebook and Twitter to stay up to date on the latest KECC happenings.



Win a \$25 Amazon gift card!

Whether it is lounging by the pool or at Kentucky lake, traveling to one of many great getaways in Kentucky or just relaxing at home, Kentucky Deferred Comp is here to help you achieve your vision for the future. So show us what you're working for!

Enter Kentucky Deferred Comp's Selfie Contest

- Take a selfie that shows how you envision retirement
- Send your entry to: scarlet.murphy@ky.gov, Subject:
 Selfie Contest
- Look for your selfie on our Facebook page (@kypersonnel)

Enter as many selfies as you like. The contest ends at 11:59 p.m. ET on August 31, 2020. We'll announce four winners on September 8, 2020. Click here to learn more and review the Official Rules, look for the contest banner.

If traveling, participants are encouraged to wear their masks, social distance and not to travel to hot spots to prevent the spread of coronavirus. Find hot spots at kwy.gov

Looking for ways to improve your chances of enjoying the retirement you envision?

- Click here to visit the financial wellness page on the KDC website
- Contact your local KDC Retirement Specialist or the KDC office at 1-800-542-2667.

August Events Calendar

Click here to access event calendar

Featured Safety Course

• Search "Heat Stress" in MyPurpose. This course reviews how heat affects the body, the steps employees can take to prevent heat stress, and elementary first aid that can be given to a worker who has been affected by a heat-related illness.

BLOOD DONATIONS NEEDED!

Click here for August Blood Donation Information Kentucky Retirement Specialists are Registered Representatives of Nationwide Investment Services Corporation, member FINRA, Columbus, Ohio. Nationwide representatives cannot offer investment, legal or tax advice. Contact your own advisor for these services.

NRM-19202KY-KY (06/20)



Meet 1-on-1 with Kentucky Employee Assistance Program (KEAP) Counselors

KEAP is excited to announce

Virtual Appointments! This opportunity gives you a chance to meet one-on-one with KEAP counselors. This opportunity also provides onsite critical incident/grief response services remotely from the comfort of your own home. Click here for more details on KEAP's Virtual Appointments



Virtual Classrooms: MyPurpose Courses

Zoom Virtual Classrooms are available for registration in August!

These sessions last one hour and are designed to be highly interactive and informative. While we all focus on being "Healthy at Work," please join us for the following professional

development opportunities:

August 12: ODET Virtual Classroom: Interview Questions August 18: ODET Virtual Classroom: Bystander Training August 19: ODET Virtual Classroom: Choosing to Be

Accountable

August 25: ODET Virtual Classroom: What is a Protected Class and Why are They Protected?

Coming soon! Our first curriculum for Conflict
 Management will be available for registration by August 14,
 2020. Virtual classes will be offered in August and
 September. Stay tuned for updates!

Click here to register for all of these great offerings in MyPURPOSE!

"If you are having issues with MyPurpose, CommonwealthU, please contact your agency training administrator before contacting the Personnel Cabinet. Most issues can be resolved at the agency level."

Reminder, LinkedIn Learning has provided free access to over 5 hours of training on <u>Diversity, Inclusion, and</u>
 <u>Belonging for All</u> which focuses on allyship, inclusivity, and equality in the workplace. This Learning opportunity will be free through August 31st. We all play an important role in moving toward a more equitable workplace and world.



NOW Seeing Patients!

UK Healthcare Integrative Medicine and Health is now seeing patients again! Acupuncture is a form of alternative pain management that's only covered by KEHP if provided at UK.

KEHP members can receive up to a maximum of 13 visits, based on the member's treatment plan, between July 1 and December 31, 2020. No physician referral is needed.

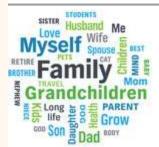
Call <u>UK Healthcare Integrative Medicine and Health</u> at 859-323-HEAL (4325).



We're excited to announce that the <u>Governor's Conference on</u> <u>Leadership, Equality, Accessibility and Diversity (KyLEAD)</u> is going virtual!

The two-day conference is a professional development opportunity for both public and private employees and students. This year's event will be accessible from any digital device, featuring powerful keynote speakers, expert panelists and other resources related to best practices surrounding diversity, hiring, ethics and leadership. Join us online on November 18 & 19!

Registration info coming soon. <u>Click here to visit the KyLEAD site for updates</u>



LivingWell Promise Deadline Extended, Aug. 14

The Living Well Promise deadline has been extended to August 14. You still have time to fulfill your LivingWell Promise and earn premium discounts up to \$480 for 2021.

It's easy! All you have to do is...

- take a quick 10-minute online health assessment at https://www.kehplivingwell.com/ or
- get a biometric screening from your doctor, health department or retail clinic.

If you waive health insurance, you aren't required to complete the Promise, but if you do, you will earn StayWell rewards!

If you have any questions contact the StayWell HelpLine at 866-746-1316 or email KEHPlivingwell@staywell.com

About the Personnel Cabinet

The Personnel Cabinet provides leadership and guidance to: attract, develop, motivate and retain a talented, diverse workforce; foster an understanding of and adherence to regulatory requirements; and create a positive, supportive work environment that values all employees.

The Personnel Cabinet is located at 501 High Street, Frankfort, KY 40601 Normal business hours are from 8 a.m. to 4:30 p.m.

EEO Statement

The Commonwealth of Kentucky does not discriminate on the basis of race, color, sex, disability, age, national origin, religion, sexual orientation, gender identity or expression, pregnancy or related medical condition, martial or familial status, ancestry, political affiliation, genetic information, or veteran status in accordance with state and federal laws.

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