

## 9:00 a.m. Session #1 Begins

## Welcome and Introduction of Governor Andy Beshear

Mary Elizabeth Bailey, Secretary – Kentucky Personnel Cabinet

#### **Opening Remarks**

Andy Beshear, Governor of Kentucky

#### **Introduction of Keynote Speaker**

Jordan G. Harris, Client Relationship Executive – Deloitte Consulting



**Keynote Address Presented by Deloitte.** 

### **Becoming a Destination Workplace Leader**

Betsy Allen-Manning, Internationally Recognized Leadership Speaker, Best-Selling Author, Researcher and Company Culture Expert

#### 10:45 a.m. Session #2 Begins

## Behind the Questions: Dual Perspectives on the Art of the Interview

Moderator: *Tanya Lawrence*, Deputy Executive Director – Office of Administrative Services, Kentucky Personnel Cabinet

#### **Panelists:**

- Brandon Adams, Deputy Commissioner Department of Employee Insurance, Kentucky Personnel Cabinet
- Stephanie Carpenter, Deputy Commissioner Department of Human Resources Administration, Kentucky Personnel Cabinet
- *Elizabeth Cram*, Executive Director Governmental Services Center, Kentucky Personnel Cabinet
- Rachel Peach, Performance Consultant II Governmental Services Center, Kentucky Personnel Cabinet

## 11:45 a.m. Lunch Break

### 12:45 p.m. Session #3 Begins

# Managing Stress at Work: Understanding and Supporting Your Well-Being

*Trina Koontz, M.S.*, Program Administrator – Kentucky Employee Assistance Program

## 2:00 p.m. Session #4 Begins

# Removing Invisible Barriers: Creating Access and Opportunity for Neurodiversity in the Workplace

Moderator: *Syl Flores*, State EEO/ADA Coordinator – Office of Employee Engagement and Training, Kentucky Personnel Cabinet

#### **Panelists:**

- *Alan Hurst*, Executive Director Office of Employee Relations, Kentucky Personnel Cabinet
- Lisa Mathess, Principal Consultant Job Accommodation Network (JAN)
- Alessandra Rosa, Senior Counsel Employment Law Office, John H. Haskins & Associates
- Barry Whaley, Director Southeast Americans with Disabilities (ADA) Center

#### 3:00 p.m. Session #5 Begins

## From Insight to Action: Strategies to Boost Employee Engagement

Moderator: *Vikki Stone*, Executive Director – Office of Employee Engagement and Training, Kentucky Personnel Cabinet

#### **Panelists:**

- Patrick Carrington, Executive Advisor Office of Employee Engagement and Training, Kentucky Personnel Cabinet
- Cassidy Connell, Chief of Staff Kentucky Finance and Administration Cabinet

#### 4:00 p.m. Closing Comments

Mary Elizabeth Bailey, Secretary - Kentucky Personnel Cabinet



#### 9:00 a.m. Session #1 Begins

# Welcome and Introduction of Lieutenant Governor Jacqueline Coleman

Robert Long, Deputy Secretary - Kentucky Personnel Cabinet

#### **Opening Remarks**

Jacqueline Coleman, Lieutenant Governor of Kentucky

# The Gift of Influence: Creating Life-Changing and Lasting Impact in Your Everyday Interactions

*Tommy Spaulding*, New York Times, Wall-Street Journal and USA Today Best-Selling Author

## 10:30 a.m. Session #2 Begins

#### **Charles Anderson Laureate Award Presentation**

Mary Elizabeth Bailey, Secretary – Kentucky Personnel Cabinet

#### 10:45 a.m. Nourish to Flourish: Fuel Your Workday

Moderator: *Chris Chamness*, Commissioner – Department of Employee Insurance, Kentucky Personnel Cabinet

#### **Panelists:**

- Debbie Bell, RD, LD, CDCES, MLDE, Health Education Director Franklin County Health Department
- *Chris Mason*, Assistant Director Governor's Mansion, Department for Facilities and Support Services, Kentucky Finance and Administration Cabinet
- *Jennifer Thompson, RDN, LD*, Registered Dietitian and Nutritionist Department of Employee Insurance, Kentucky Personnel Cabinet

### **Food Preparation Demonstration**

- Carl Pickering, Living Well Regional Well-Being Coordinator
- Tara Thurman, M.Ed., LivingWell Regional Well-Being Coordinator

#### 12:00 p.m. Lunch Break

# 1:00 p.m. Session #3 Begins

### **Real Strategies for Achieving Work-Life Harmony**

Moderator: *Patrick Carrington*, Executive Staff Advisor – Office of Employee Engagement and Training, Kentucky Personnel Cabinet

#### **Panelists:**

- Steeley Franco, Executive Director Office of Public Affairs, Kentucky Personnel Cabinet
- *Nila Meeks*, Special Assistant Office of Employee Relations, Kentucky Personnel Cabinet
- Robbie Perkins, CPM, IT Director Kentucky Personnel Cabinet

## 2:00 p.m. Session #4 Begins

# Creating a Supportive Organizational Culture

Taban Herrington, Chief of Staff – Kentucky Cabinet for Health and Family Services

## **Closing Comments**

Mary Elizabeth Bailey, Secretary - Kentucky Personnel Cabinet