



Kentucky Employees'  
Health Plan

# Take Care Kentuckians: At-home KEHP Member Resources

## Educational Resources — For Parents, Caregivers, and Teachers



- **Rethink Benefits** provides *FREE* virtual resources for parents including assessments, one-on-one consultation, lesson plans and teaching steps for assisting parents of children at all levels.
  - Go to [kehpn.rethinkbenefits.com](http://kehpn.rethinkbenefits.com) and use the code **KEHP** to enroll
  - Call 800-714-9285
- Resources are available for parents, caregivers, and teachers of all children, including children with Developmental Disabilities.

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BENEFITS



Caring for a child with learning, behavioral, or social challenges, or a developmental disability can be stressful and overwhelming. Rethink offers webinars throughout the year for you to learn more. Just watch for new emails with webinar information.